

Packaged Salad Selections

Order in 2.5kg serves (suitable for 25 x 100gm serves)

(listed prices are per kg)

Corn & coriander slaw \$16.00

Crunchy slaw of cabbage, corn, carrots, coriander, green capsicum & parsley in a mayonnaise dressing

Bean medley \$16.00

4 beans mixed with corn, capsicum, celery, onion, carrot, shallots & parsley in a garlic dressing

Moroccan couc cous \$16.00

Cous cous, chickpeas, cucumber, onion, capsicum, celery, shallots & parsley in a garlic dressing

Creamy German potato \$16.00

Pontiac potato, celery, shallots, bacon and mustard in a mayonnaise and sour cream dressing

Vegetable pasta \$16.00

Spiral pasta, onion, celery, carrot, corn and shallots in a garlic dressing

Edamame freekah & kale \$17.50

Edamame, freekah, kale, lentils & seeds in a fragrant dressing

Chickpea pumpkin \$18.00

Chickpeas, roast pumpkin, celery, red capsicum and shallots in a sesame oil dressing

Tofu & vegetables \$20.30

Tofu, black mushrooms & carrots in a chilli sesame dressing

Health kick rice \$20.30

Brown rice, black quinoa, chia seeds, coconut, almond & vegetables in a honey lime dressing

Wild rice & chickpea \$20.30

Wild rice, capers, baby corn, capsicum, shallots, onion & chickpeas in a lemon dressing

Brown rice & quinoa \$20.30

Brown rice, red quinoa & fresh vegetables in a refreshing dressing

Sweet potato & quinoa \$22.40

Sweet potato, black quinoa & red capsicum in a garlic dressing

Israeli cous cous \$22.40

Israeli cous cous, roast pumpkin, capsicum, sultanas & herbs in an Israeli style dressing

Coconut & quinoa \$22.40

Quinoa, vegetables and coconut in a coriander dressing

Summer beetroot \$24.50

Beetroot, pumpkin, kumera, carrot, onion in an apple cider vinegar & lemon juice dressing

Sweet potato & pinenut \$27.30

Kumera, red capsicum, roasted pinenuts & shallots in a sesame oil dressing